

Delicious Home Cooked Meals
Saturdays, Sundays, and Holidays

\$3.00 Senior Donation
\$5.00 Guests

Mark Twain Dining Room
110 South Road
Enfield, CT 06082

Reservations are made on the
preceding Wednesday by 2:00 pm
Call 860-763-7519

Senior Citizens Join us!

Sponsored by:
Town of Enfield Department of Social Services
Enfield Housing Authority
North Central Area Agency on Aging

Mark Twain Congregate Living Weekend & Holiday Meal Program Menu October 2020



October 3

Apple Juice
Chicken Penne with
Broccoli
Prince Ed. Vegetable
12 Grain Bread
Mixed Fruit

October 4

Pineapple Juice
Sweet & Sour Meatballs
Over Egg Noodles
Mixed Vegetables
Whole Wheat Bread
Pudding Parfait

October 17

Tomato Garden Soup
Turkey Caesar Sandwich
(3oz Turkey)
Apple Slaw
Potato Wedges
Multigrain Bread
Sliced Pears

October 18

Strawberry Spinach Salad
Swiss Steak
Bowtie Noodles
Zucchini & Tomato
Whole Wheat Bread
Lemon Lush

October 10

Spinach Salad w/Dressing
American Chop Suey
Green Beans
Garlic Bread
Pineapple Tidbits with
Sugar Cookies

October 11

OJ
Barbecue Chicken
Macaroni Salad
Cowboy Salad
Whole Wheat Bread
Ice Cream Sandwich

October 24

Kale Lentil Soup
Salad Platter
(Cold Sliced Ham, 3 Bean
Salad, Potato Salad)
Marble Rye Bread
Sliced Cantaloupe
Oatmeal Cookie

October 25

OJ
Rosemary Roast Pork Lion
with Broth
Steamed Red Potatoes
Baby Carrots
12 Grain Bread
Angel Food Cake with
Sliced Peaches

**October 12
Columbus Day**

Cranberry Juice
Roast Turkey with Gravy
Cut Up Sweet Potatoes
Cauliflower & Peas
Whole Wheat Bread
Pineapple Cheese Square

October 31

Autumn Soup
Roast Turkey Sandwich
Leaf Lettuce/Sliced
Tomato
Carrot Raisin Salad
Wheat Crackers
Multigrain
Sliced Pears
Halloween Cookie

November 1

OJ
Scrambled Eggs
Swirl Baked French Toast
with Syrup
Bacon/Sausage
Fruited Muffin
Fruit Cup with
Bananas

*All meals are served with 8 ounces of milk and 1 tsp. margarine